

Independent Living Lifestyles Calendar




DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1 11:00A Episcopal Service (B Building 2nd Floor) 12:00P Music w/ Maurice (DR) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)	2 Podiatrist Visit 9:00A Morning Show (ch2) 10:30A Grocery Trip (ML) 11:30A Tech Q & A (GR) 1:30P Bible School (GR) 3:00P Bingo Store (AC) 5:00P Mexican Train! (GR)	3 10:00A ART GROUP (AC) 11:30A Brookwood Outing (\$) 2:00P Cookie Decorating Class (GR) 3:30P Christmas Tree Lighting w/ Piano by Mary Green! (AU) 6:15P BINGO! (AC)	4 Waffle Wednesday! 9:00A Morning Show (ch2) 10:30A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 2:00P PWP Singers (HC) 3:00P Spanish with Rocio (GR) 6:00P Bridge (GR)	5 B I N G O 9:00A Morning Show (ch2) 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 2:00P Walker Fitting Clinic (AU) 4:00P Social Hour (CC) 6:15P Bingo! (AC)	6 9:00A Morning Show (ch2) 10:45A Cognitive Calisthenics 1:00P Catholic Service (AU) 1:30P Resident Bible Study (AC) 3:30P Christmas Sing-a-long and Craft (AC) 6:15P Trivia Night (AC)	7 9:30A Coffee with Neighbors (CC) 3:30P Music Of Harmony (AU/CH2) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
8 11:00A Episcopal Service (B Building 2nd Floor) 11:30A Girl Scout Carolers (AU) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)	9 9:00A Morning Show (ch2) 10:30A Grocery Trip (ML) 1:30P Bible School (GR) 5:00P Mexican Train! (GR) 6:00P Bayou City Singers (AU)	10 9:00A Morning Show (ch2) 10:00A ART GROUP (AC) 10:30A Mahjong Lesson (GR) 2:00P Sing-A-Long w/ Tim Holder (AU/CH2) 6:15P BINGO! (AC)	11 Waffle Wednesday! 9:00A Morning Show (ch2) 10:30A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 2:00P PWP Singers (AU) 5:30P Tour Of Christmas Lights (ML) 6:00P Bridge (GR)	12 9:00A Morning Show (ch2) 10:00A Writer's Workshop (AC) 11:00A Chair Volleyball (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour - Ugly Christmas Sweater Party! (CC) 6:15P Bingo! (AC)	13 9:00A Morning Show (ch2) 10:45A Cognitive Calisthenic 11:00A Chair Yoga (WC) 11:00A Men's Group (GR) 1:30P Resident Bible Study (AC) 2:30P CVS/Walgreens (\$) 5:00P Mexican Train! (GR)	14 9:30A Coffee with Neighbors (CC) 2:00P Hot Cocoa w/ Amy, Trio, & Friends! 3:00P Puzzles With Friends 6:15P Bingo! (AC)
15 11:00A Episcopal Service (B Building 2nd Floor) 12:00P Music w/ Maurice (DR) 2:00P Tallwood Christmas Program- "Jesus What A Wonderful Child" (ML) 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)	16 Green/Red Day 9:00A Morning Show (ch2) 10:30A Grocery Trip (ML) 11:30A Tech Q & A (GR) 1:30P Bible School (GR) 2:30P Movie Matinee - Fly Me To The Moon (2024) (AU) 5:00P Mexican Train! (GR)	17 MEETING Santa/Elf Hats 10:00A ART GROUP (AC) 10:30P Town Hall (AU/CH2) 4:00-6:00P Resident Christmas Party!	18 Christmas Sock Day! Waffle Wednesday! 9:00A Morning Show (ch2) 10:30A Vessels of Joy (GR) 11:00A Chair Volleyball (AU) 2:00P PWP Singers (AU) 2:30P Chef Chat (AU) 4:45P Catholic Women's Dinner 6:00P Bridge (GR)	19 Christmas Shirt Day! 9:00A Morning Show (ch2) 10:00A Writer's Workshop (AC) 11:00A Episcopal Service (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour 6:15P Bingo! (AC)	20 Flannel Friday! 10:45A Cognitive Calisthenics 11:30A Book Club (GR) 1:30P Resident Bible Study (AC) 1:30P BCFS Christmas Volunteering (ML) 2:00P Author Talk: Stacy Wilder (AU) 6:15P Trivia Night (AC)	21 9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
22 11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)	23 HAPPY BIRTHDAY 9:00A Morning Show (ch2) 10:30A Grocery Trip (ML) 11:30A Tech Q & A (GR) 3:00P Birthday Social (AU/CH2) 5:00P Mexican Train! (GR)	24 9:00A Morning Show (ch2) 10:00A ART GROUP (AC) 10:30A Movie Matinee - The Santa Clause	25 *NO MORNING SHOW* Merry Christmas!	26 *NO MORNING SHOW* 10:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo! (AC)	27 *NO MORNING SHOW* 10:45A Cognitive Calisthenics (WR) 11:00A Chair Yoga (WC) 1:30P Resident Bible Study (AC) 2:30P CVS/Walgreens (\$) 5:00P Mexican Train! (GR)	28 9:30A Coffee with Neighbors (CC) 3:00P Puzzles With Friends 6:15P Bingo! (AC)
29 11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (AU/Ch2) 4:30P Coffee and Chatter (CC)	30 9:00A Morning Show (ch2) 10:30A Grocery Trip (ML) 11:30A Tech Q & A (GR) 1:30P Bible School (GR) 2:30P Movie Matinee - Fly Me To The Moon (2024) (AU) 5:00P Mexican Train! (GR)	31 Happy New Year 9:00A Morning Show (ch2) 10:00A ART GROUP (AC) 5:00P New Years Eve Dinner w/ Champagne Toast! (CC)	Activities Are Subject To Change Without Notice	2025	MAP LEGEND AC—Arts & Crafts Room AU—Auditorium/Chapel CC—Cabana Café CH2 — Channel 2 GR— Game Room ML— Main Lobby WC — Wellness Center WR — Wii Room	Toy Drive November 25 To December 6



Independent Living Wellness Calendar



PARKWAY PLACESM
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DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>	<p>2</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance</p>	<p>3</p> <p>9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00 Aqua Workout</p>	<p>4</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Cognitive Calisthenics</p>	<p>5</p> <p>9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. Strength 1:00P Strech and Mobility 2:00P Aqua Workout</p>	<p>6</p> <p>9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 10:45A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations</p>	<p>7</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>
<p>8</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>	<p>9</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance</p>	<p>10</p> <p>9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00 Aqua Workout</p>	<p>11</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Cognitive Calisthenics</p>	<p>12</p> <p>9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. strength 11:00A Chair Volleyball (AU) 1:00P Strech and Mobility 2:00P Aqua Workout</p>	<p>13</p> <p>9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 10:45A Cognitive Calisthenics (Wii Room) 11:00A Chair Yoga (WC) 12:00P Resident Consultations</p>	<p>14</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>
<p>15</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>	<p>16 Green/Red Day</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance</p>	<p>17 Santa/Elf Hats</p> <p>9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00 Aqua Workout</p>	<p>18 Christmas Sock Day!</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 11:00A Chair Volleyball (AU) 12:00P Resident Consultations 1:00P Cognitive Calisthenics</p>	<p>19 Christmas Shirt Day!</p> <p>9:30A Adv. Strength 10:00A Int. Strength 10:30A Beg. strength 1:00P Stretch and Mobility 2:00P Aqua Workout</p>	<p>20 Flannel Friday!</p> <p>9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 10:45A Cognitive Calisthenics (Wii Room) 12:00P Resident Consultations</p>	<p>21</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>
<p>22</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>	<p>23</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance</p>	<p>24</p> <p>9:30A Advanced Strength 10:00A Intermediate Strength 10:30-11:30 WHITE ELEPHANT WII ROOM NO AQUA CLASS</p>	<p>25</p> <p>MERRY CHRISTMAS *NO WELLNESS CLASSES*</p>	<p>26</p> <p>*NO WELLNESS CLASSES*</p>	<p>27</p> <p>9:30A Adv. Strength & Balance 10:00A Intermediate/Beginner Strength & Balance 10:45A Cognitive Calisthenics (Wii Room) 11:00A Chair Yoga (WC) 12:00P Resident Consultations</p>	<p>28</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>
<p>29</p> <p>Virtual Workouts! Please log into your ENGAGE Hub on your television and choose from a variety of workouts in the convenience of your apartment</p>	<p>30</p> <p>9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 10:30A Beg. Stretch & Balance 12:00P Resident Consultations 1:00P Core & Balance</p>	<p>31</p> <p>9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 1:00 Aqua Workout</p>	<p>Happy New Year</p>	<p>PLEASE CONTACT BRITTANY CHESTNUT, WELLNESS COORDINATOR, TO SCHEDULE A FITNESS CONSULTATION, (281) 677-5908</p>		<p>ALL WELLNESS CLASSES ARE HELD IN THE WELLNESS CENTER UNLESS SPECIFIED</p>

The Heights Lifestyles Calendar

SUN

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TUE

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PARKWAY PLACE
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DECEMBER



1
10:00 Tallowood Church Service(DR)
11:00 Catholic Prayer and Communion
2:30 Table Games (B)
3:30 Sunday Trinity Broadcast (Ch.57)

2

9:30 Mani/Pedicure w/Amparo (AR)
1:30 Domino Group (B)
2:00 Puzzle hr (AR)
3:00 HO- HO - B-I-N-G-O (DR)

3
10:15 Pokeno! (AR)
2:00 Group Bible Study w/ Robert hudson (DR)
3:00 Dominoes (AR)
4:00 Westside High School Choir (DR)


4

10:15 Jenga (AR)
11:00 Walking Club (AR)
2:00 Hot Chocolate Social (Ar)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Rocking & Reminiscing (P)


5


10:15)0 Gingerbread House Craft w/At Your Side Homecare (B)
2:30 Happy Hour Holiday With Bill Parish (B)
3:00 Rummikub Group
4:00 Puzzle hr (LR)

6
10:15 Jays Boutique (L)
10:15 Entertainment By Jim Connors (DR)
2:15 Ice Cream Social (L)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Puzzle hr (LR)

7

10:15 Piano Melodies Name That Tune w/Mark
2:00 Westside High School Spreading cheer (AR)
3:00 Holiday Craft (Ar)

8
10:00 Tallowood Church Service(DR)
10:30 Girl Scouts Caroling (DR)
11:00 Catholic Prayer and Communion (DR)
2:30 Table Games (B)
3:30 Sunday Trinity Broadcast (Ch.57)

9

10:15 Bowling hr (Dr)
10:30 Grocery Trip kroger (AB)
11:00 Chair Exercises (AR)
2:00 Art & Craft Christmas Cards (Ar)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Puzzle hr (LR)

10

10:15 Devotional with Chaplain John Bender (B)
4:30 Healthcare Christmas Party Entertainment by David Laduca (Dr)

11

10:15 Donuts and Coffee (AR)
10:30 Faithful Paws Pet Visit
2:00 Wood Painting Workshop (Ar)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 UNO! (Ar)


12
10:15 Daily chronicle (AR)
11:00 Mix & Mingle Welcome committee.(AR)
2:15 Hot Chocolate Bar With Jill The Elf (B)
3:00 Rummikub Group
4:00 Puzzle hr (LR)

13

10:00 Holiday Shopping (H)
10:15 Barbara Bush Choir (DR)
2:15 Ice Cream Social (L)
4:00 Girl Scouts Caroling
4:30 John Paul II Challenge Club Christmas Caroling (DR)
5:15 Christmas Lights Outing (P)

14
10:15 Piano Melodies Name That Tune w/Mark (Dr)
1:30 Rummikub (AR)
2:00 Piano & Guitar Melodies by Youth Volunteers (AL)
3:00 Puzzle Solving (Lr)


15
10:00 Tallowood Church Service (DR)
11:00 Catholic Prayer and Communion
2:30 Table Games (B)
3:30 Sunday Trinity Broadcast (Ch.57)

16

Green/Red Day!
10:00 Piano By Sarah (Ar) (AR)
10:30 Grocery Trip Kroger (AB)
11:00 Chair Exercises (AR)
2:15 Men's club Nachos brew & Action Flicks!
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Puzzle hr (LR)

17

Santa/Elf Hats
10:15 Res. Council Meeting! (DR)
11:15 Art & Craft Ornament (AR)
2:00 Birthday Social with Curtis Nickelson
3:00 Rummikub Group (AR)

18 **Christmas Sock Day!**
10:15 Christmas Trivia (AR)
11:00 Walking Club (AR)
2:00 Parkway Place Choir (AL)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Rocking & Reminiscing (P)

19

Christmas Shirt Day!
10:15 West Briar Middle School Ensemble Holiday Special (DR)
2:15) Puzzle hr (AR)
3:00 Rummikub Group (AR)
4:00 Rocking & Reminiscing (P)


20


Flannel Friday!
10:00 Lunch Bunch
11:00 Puzzle hr
2:15 Christmas Special with The Two Man Band (D)
3:15 HO- HO - B-I-N-G-O (DR)

21

10:15 Piano Melodies with Mark Bruni (DR)
1:45 Cookie w/Hot Cocoa
2:00 Piano & Guitar Melodies by Youth Volunteers (AL)
3:00 Rummikub w/Friends

22
10:00 Tallowood Church Service(DR)
11:00 Catholic Prayer and Communion
2:30 Table Games (B)
3:30 Sunday Trinity Broadcast (Ch.57)

23

10:15 Pokeno (B)
11:00 Chair Exercises (B)
1:30 Domino Group (L)
2:00 Rummikub Group (B)
3:00 Bingo Group (DR)

24

10 :15 Ring Toss (AR)
11:00 Stretch & Balance (AR)
2:00 Group Bible Study w/ Robert hudson (DR)
3:00 Rummikub Group (AR)
4:00 Dominoes (AR)

25

10:15 Christmas Entertainment Home For the Holidays By David LaDuca (Dr)
2:00 Rummikub (AR)
3:00 Puzzle hr (AR)

26
10:15 Domino (AR)
11:00 Resistance band Workout (AR)
2:15 Happy Hour with Maurice (B)
3:00 Rummikub Group (AR)

27
10:15 Entertainment by The Ivory Touch (DR)
2:00 Ice Cream Social (L)
3:00 Christmas Movie Matinee (AR)
4:00 Puzzle hr (LR))

28

10:15 POKENO (AR)
2:00 Puzzle hr (AR)
3:00 Rummikub w/Friends
4:00 Rocking & Reminiscing (P)

29
10:00 Tallowood Church Service(DR)
11:00 Catholic Prayer and Communion
2:30 Table Games (B)
3:30 Sunday Trinity Broadcast (Ch.57)

30
10:15 Spanish class w/ Ericka (AR)
10:30 Grocery Trip Kroger (AB)
11:00 Chair yoga & meditation (AR)
2:00 Bingo Market! (Ar)
3:00 HO- HO - B-I-N-G-O (DR)
4:00 Puzzle hr (LR)

31

10:15 Devotion with Chaplain John Bender (B)
2:00 New Years Eve Celebration with Rich Latimer (DR)





MAP LEGEND
AR— Activity Room
DR— Dining Room
LR— Living Room
FP— Fireplace
P— Porch

Activities Are Subject To Change Without Notice





PARKWAY PLACE
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DECEMBER

The Haven Lifestyles Calendar

SUN

MON

TUE

WED

THU

FRI

SAT

1
10:00 Tallowood Church Service (AL)
11:00 Catholic Visits with Prayer and Communion (H)
1:30 Table Games (B)
3:30 Virtual Vesper Service (Ch 2)

2
10:15 Pokeno (B)
11:00 Chair Exercises (B)
1:30 Domino Group (B)
2:00 Puzzle Hour (B)
3:00 Bingo Group (DR)

3
10:15 Devotional with Chaplain John Bender (B)
1:30 Domino Group (B)
2:00 Bible Study (AL)
3:00 Rummikub Group (B)
4:00 Westside High School Choir (DR)

4
10:00 Daily Chronicle (AL)
10:15 Doughnuts w/Coffee (B)
1:30 Card Games (B)
2:00 Individual Word Search Solving (B)
3:00 B-I-N-G-O (DR)

5
10:00 Building Gingerbread Houses (B)
10:15 Hot Chocolate Bar (B)
1:30 Rummikub Group (B)
2:00 Happy Hour Holiday With Bill Parish (B)
4:00 Jigsaw Puzzle Assembling (H)

6
St. Nicholas Day
10:15 Jays Boutique (L)
10:15 Entertainment By Jim Connors-Wear A Santa Hat (DR)
2:15 Holiday Craft With Refreshments (B)
3:00 Bingo (AL)

7
Holiday Cheers!
10:15 Piano Melodies With Mark Bruni (DR)
2:00 Westside High School Spreading Cheer
3:00 Holiday Craft (AL)

8
10:00 Tallowood Baptist Church Service (AL)
10:30 Girl Scout Caroling (DR)
11:00 Catholic Visits with Prayer and Communion (H)
1:30 Table Games (B)
3:30 Virtual Vesper Service (Ch 2)

9
10:15 Pokeno (B)
11:00 Chair Exercises (B)
1:30 Domino Group (L)
2:30 Group Crossword Solving (B)
3:00 Bingo Group (DR)
4:00 Jigsaw Puzzle Solving (B)

10
10:15 Devotional with Chaplain John Bender (B)
Healthcare Christmas Party 4:30-6:30 Entertainment by Danette McMahon

11
9:30 Manicures and Pedicures by Amparo (H)
11:00 Faithful Pet Paws Visit (H)
2:00 Card Games (B)
3:00 Holiday B-I-N-G-O (DR)
4:00 News and Views (L)

12
10:15 Pokeno Group (B)
1:30 Domino Group (B)
2:00 Cultivate Kichen (B)
2:00 Hot Chocolate Bar With Jill The Elf (B)
4:00 Current Events (L)

13
10:00 Holiday Shopping (H)
10:15 Barbara Bush Choir (DR)
2:15 Ice Cream Social (L)
3:00 Bingo (AL)
4:30 Girl Scouts Caroling (DR)
5:00 John Paul II Challenge Club Christmas Caroling (DR)

14
10:30 Piano Melodies with Mark Bruni (DR)
1:30 Rummikub Group (B)
2:00 Piano and by Guitar Melodies (DR)
3:00 Puzzle Solving (H)

15
10:00 Tallowood Baptist Church Service (AL)
11:00 Catholic Visits with Prayer and Communion (H)
1:30 Table Games (B)

16 **Green/Red Day**
10:15 Christmas Bow Making Tutorial (B)
11:00 Chair Exercises (B)
1:30 Domino Group (L)
2:00 Holiday Word Search
3:00 Bingo Group (DR)

17 **Santa/Elf Hats**
10:15 Devotion with Chaplain John Bender (B)
11:15 Res. Council Meeting (B)
1:30 News and Views (L)
2:15 Birthday Social with Curtis Nickelson (B)
3:00 Rummikub Group (B)
4:00 Fill in The Blank Trivia (B)

18 **Christmas Sock Day!**
10:00 Daily Chronicle (AL)
10:15 Doughnuts w/Coffee (B)
1:30 Card Games (B)
2:00 Parkway Place Choir (AL)
3:00 B-I-N-G-O (DR)

19
Christmas Shirt Day!
10:15 West Briar Middle School Ensemble Holiday Special (DR)
11:00 Pokeno Group (B)
1:30 Domino Group (B)
4:00 Current Events (L)

20 **Flannel Friday!**
10:00 Lunch Outing
11:00 Puzzle Solving
2:00 Christmas Special with The Two Man Band (D)
2:15 Ice Cream Social (L)
3:00 Bingo Group (DR)
5:15 Christmas Light Tour

21
10:15 Piano Melodies with Mark Bruni (DR)
1:45 Cookie w/Hot Cocoa
2:00 Piano & Guitar Melodies by Youth Volunteers
3:30 Table Games w/Friends

22
10:00 Tallowood Baptist Church Service (AL)
11:00 Catholic Visits with Prayer and Communion (H)
1:30 Table Games (B)
3:30 Virtual Vesper Service (CH 2)

23
10:15 Pokeno (AL)
11:00 Chair Exercises (AL)
1:30 Domino Group (L)
2:00 Rummikub Group (AL)
3:00 Bingo Group (AL)

24
10:15 Ring Toss (AL)
11:00 Stretch and Balance (AL)
2:00 Bible Study (AL)
3:00 Rummikub Group
4:00 Domino Group (AL)

25
MERRY CHRISTMAS
10:15 Christmas Entertainment Home For the Holidays By David LaDuca (DR)
12:00 Christmas Special Lunch Menu (DR)

26
10:15 Domino Group (AL)
11:00 Resistance Band Workout (AL)
2:00 Happy Hour with Maurice (B)
3:00 Rummikub (B)
4:00 Current Events (L)

27
10:15 Entertainment By The Ivory Touch (DR)
2:15 Ice Cream Social (L)
3:00 Christams Movie (B)
4:00 Puzzle Assembling (L)

28
10:15 POKENO (AR)
2:00 Puzzle hr (AR)
3:00 Rummikub w/Friends
4:00 Rocking & Reminiscing (P)

29
10:00 Church Service (AL)
11:00 Catholic Visits with Prayer and Communion (H)
1:30 Table Games (B)
3:30 Virtual Vesper Service (CH 2)

30
10:30 Pokeno Group (B)
11:00 Chair Exercises (B)
1:30 Domino Group (L)
2:00 Group Crossword Solving (B)
3:00 Bingo Group (DR)

31
New Year's Eve
10:15 Devotion with Chaplain John Bender (B)
2:00 New Years Eve Celebration with Rich Latimer (DR)

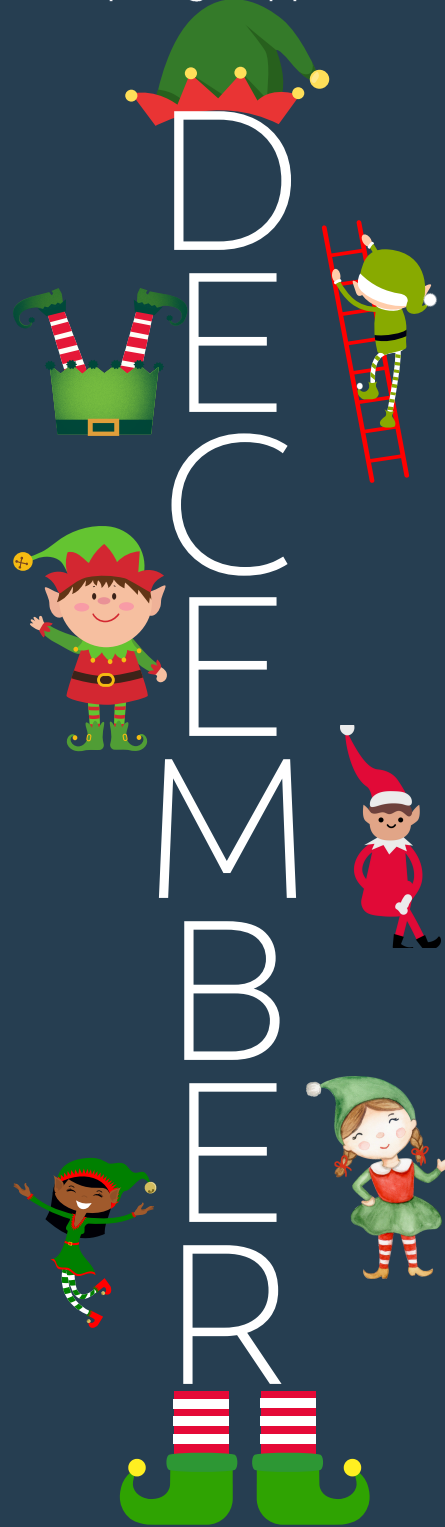


MAP LEGEND
L-Lounge
B-Bistro
DR-Dining Room
AL-Assisted Living
H-Healthcare
Activities are Subject to Change Without Notice





PARKWAY PLACE
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The Harbor Lifestyles Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
<p>1</p> <p>10:00 Sunday Worship w/Tallowood Church 2:00 Holiday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade</p>	<p>2</p> <p>10:00 B-I-N-G-O 2:00 Gin Rummy 3:00 Find the Match 5:30 Relax w/Music</p>	<p>3</p> <p>9:30 Mani/Pedicure w/Amparo 10:30 Wheel of Fortune Game 3:00 Find the picture difference challenge 3:00 Group Dominoes 4:00 Westside High Choir</p>	<p>4</p> <p>10:00 Devotion w/Chaplain John 11:00 Senior Trivia 1:30 Aroma Christmas Cookie baking w/Sara 3:00 Pokeno Card Game</p>	<p>5</p> <p>10:30 Gingerbread House Craft w/At Your Side Homecare 2:00 Happy Hour 4:30 Relax w/ Music</p>	<p>6</p> <p>St. Nicholas Day 10:15 Holiday Special w/Jim 2:00 Christmas Craft Special w/Eggnog 5:30 Relax w/Music</p>	<p>7</p> <p>10:15 Piano Melodies Name That Tune w/Mark 2:00 Westside High School Spreading cheer (AR) 3:00 Holiday Craft (Ar)</p>
<p>8</p> <p>10:00 Sunday Worship w/Tallowood Church 10:30 Girl Scout Caroling 2:00 Holiday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade</p>	<p>9</p> <p>10:00 Group Puzzle Piecing 2:00 Laugh w/Lucy 3:00 Group Dominoes 5:30 Relax w/ Music</p>	<p>10</p> <p>10:30 Wheel of Fortune Game 1:00 Party Decorating Social w/Michelle 4:30pm - 6:30pm Healthcare Christmas Open House Entertainment by Bill Parish</p>	<p>11</p> <p>10:00 Devotion w/Chaplain John 10:30 Faithful Pet Paws Visit 2:00 Watercolor Art 3:00 Healthcare Holiday B-I-N-G-O 5:30 Relax w/Music</p>	<p>12</p> <p>10:00 Beauty Shop 10:15 Brain Boosting Exercise 2:00 Cultivate Kitchen 2:00 Hot Chocolate w/The Elf 3:30 Color sorting socks 4:40 Relax w/Music</p>	<p>13</p> <p>10:00 - 3pm Holiday Shopping 10:15 Barbara Bush Choie 2:15 Ice cream Social 3:00 Group Dominoes 4:00 John Challenge Club Christmas Caroling 4:30 Girl Scouts Caroling</p>	<p>14</p> <p>10:15 Piano Melodies Name That Tune w/Mark (Dr) 1:30 Rummikub (AR) 2:00 Piano & Guitar Melodies by Youth Volunteers (AL) 3:00 Puzzle Solving (H)</p>
<p>15</p> <p>10:00 Sunday Worship w/Tallowood Church 2:00 Holiday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade Happy Birthday Tom</p>	<p>16 Green/Red Day</p> <p>10:00 B-I-N-G-O 11:00 Resident Council Talk 2:00 Christmas Art Coloring 3:00 Group Dominoes 5:30 Relax w/ Music</p>	<p>17</p> <p>Santa/Elf Hats 10:00 Wheel of Fortune 2:15 Residents Birthday Social w/Curtis 3:30 Group Dominoes 5:30 Relax w/ Music</p>	<p>18 Christmas Sock Day!</p> <p>10:00 Devotion w/Chaplain John 2:00 Parkway Place Choir 3:00 Pokeno Card Game 5:30 Relax w/Music</p>	<p>19</p> <p>Christmas Shirt Day! 10:15 West Briar Middle School Holiday Special 2:00 Staff Christmas Party 2:15 Hallmark Holiday Movie 4:30 Relax w/Music Happy birthday James Wall</p>	<p>20</p> <p>Flannel Friday! 10:00 Word in a Word Game 2:00 Christmas Special The Two Man Band 3:00 Group dominoes 5:15 Christmas Lights Tours</p>	<p>21</p> <p>10:15 Piano Melodies with Mark Brunni (DR) 1:45 Cookie w/Hot Cocoa 2:00 Piano & Guitar Melodies by Youth Volunteers 3:30 Table Games w/Friends</p>
<p>22</p> <p>10:00 Sunday Worship w/Tallowood Church 2:00 Holiday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Gospel Serenade</p>	<p>23</p> <p>10:15 Sit 'n' be Fit Exercise 2:00 Dot to Dot Art 3:00 Group Dominoes 5:30 Relax w/Music</p>	<p>24</p> <p>10:00 Wheel of Fortune 2:00 Christmas caroling 3:00 Group Dominoes 5:30 Relax w/ Music</p>	<p>25 Merry Christmas</p> <p>10:15 Christmas Special w/David 11:30 Special Christmas Lunch 1:30 Hot Chocolate Social 2:00 Hallmark Christmas Movie Special</p>	<p>26</p> <p>10:00 After Christmas Reminisce 2:00 Happ Hour w/Maurice 3:30 Nature Walk 4:30 Relax w/Music</p>	<p>27</p> <p>10:15 Entertainment by The Ivory Touch 2:15 Ice cream Social 3:00 Group Dominoes 5:30 Relax w/Music</p>	<p>28</p> <p>10:15 POKENO (AR) 2:00 Puzzle hr (AR) 3:00 Rummikub w/Friends 4:00 Rocking & Reminiscing (P)</p>
<p>29</p> <p>10:00 Sunday Worship w/Tallowood Church 2:00 Sunday Movie Classic 3:30 Virtual Vesper Service (Ch 2) 6:00 Sunday Serenade</p>	<p>30</p> <p>10:00 B-I-N-G-O 1:15 Group Puzzle Piecing 2:00 Watercolor Art 3:00 Group Dominoes 4:30 Wind Down Music</p>	<p>31</p> <p>10:00 Wheel of Fortune 2:00 New Year Eve Social Entertainment by Rich 3:30 Group Puzzle Piecing 5:30 Relax w/ Music</p>			<p>Activities are subject to change without notice. Any change will be posted.</p>	



