



SWEETEST DOOR DECOR FOR A BRAND-NEW SCHOOL YEAR!

UPCOMING EVENTS



SEPTEMBER 11 | WALK OF REMEMBRANCE & PRAYER

In remembrance of September 11, 2001, we will gather for a reflective walk around the community, ending in the Prayer Garden. Together, we will pause to remember the lives lost, honor the heroes who served, and offer a moment of prayer for our nation.



SEPTEMBER 14 | FLOWERS & TREATS

Celebrate Grandparents' Day with a special selection of beautiful flowers and sweet treats! A simple way to honor the love, wisdom, and cherished memories that make grandparents so special.



SEPTEMBER 21-25 | CRUISE AROUND THE WORLD

All aboard for a week of adventure! Parkway sets sail with exciting stops inspired by Hawaii, the Caribbean Islands, and Alaska. Enjoy themed activities, entertainment, music, food, cultural experiences, and plenty of fun along the way!



SEPTEMBER 30 | COUNTY BUS: MENIL COLLECTION OUTING & LUNCH

Join us for a day of art and culture as we take the county bus to The Menil Collection. Explore the museum's unique collection before heading to Cleburne Caf   for lunch.

Book Club
Pick for September:

JAMES
by Percival Everett

Adventures of Huck Finn through Jim's point of view.



USEFUL NUMBERS

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IL Sales & Marketing
281-677-5940

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Transportation 832-473-5894
832-473-5888

The Brimhurst 281-677-5959

Cabana Cafe 281-677-5909

Front Desk: 281-677-5967
Receptionist and Security

AL# 44655

Parkway By Buckner Independent Living

SEPTEMBER 2026

COMMUNITY NEWS

Inspiring Happiness.

RESIDENT SPOTLIGHT



MEET MARY ANNE & MILTON WOMACK.

When Mary Anne and Milton moved into Buckner last December, it was the 29th abode of their married life which centered around family and ministry. Their journey began in September 1960, when they met in college. During Milton's senior year, they pastored a church in Ooltewah, Tennessee. The first part of their life of service began as young professionals. Mary Anne worked as a speech therapist and educational diagnostician in public schools. She is also a published poet who continues to write poems and stories and is an aspiring artist. Milton worked as a psychologist in private and hospital practices and later became a college professor, teaching psychology, criminal justice, and religion at both Christian and state universities. During this time, they also pastored a church in Alta Loma, Texas. Their ministry took them throughout the United States and to 35 countries in Europe and Asia. Most of their overseas ministry involved serving as Member Care providers. Member Care is the term used by mission organizations for programs that understand the needs and challenges for those living in cross-cultural role by providing spiritual, emotional, medical, and family support. Mary Anne and Milton first worked with independent mission agencies in India and Russia. In 1975, they were appointed missionaries by the Southern Baptist Convention and moved to Hong Kong, where Milton taught at Hong Kong Baptist College. They later moved to Kobe, Japan, where Milton became an associate to the Area Director for East Asia. In that role, they were responsible for missionaries serving in Japan, Korea, Taiwan, and Hong Kong. During their years in Kobe, they also planted and pastored Kobe International Baptist Church. In 2000, Milton became the Associate Coordinator of the Member Care program for the Cooperative Baptist Fellowship. In this role, they developed and directed a church based Member Care model for field personnel working with marginalized people groups. Milton also served as the Endorser for Chaplains and Pastoral Counselors for CBF. They retired from ministry in 2008. Mary Anne and Milton are the parents of three daughters and one son and the grandparents of four grown grandchildren and one teenager. Their oldest daughter, Kimberly, and her husband, James, live in Katy, Texas, and visit often, especially on Sundays. Kimberly also enjoys decorating their door. Their middle daughter, Kay, and her husband, Tom, live in Dallas. Their daughter Kristine and her husband, Fred, live in Fredericksburg. Their son, Daniel, and his wife, Emily, live just outside San Antonio.



INDEPENDENT LIVING | ASSISTED LIVING | MEMORY SUPPORT | REHABILITATION | LONG-TERM CARE
1321 PARK BAYOU DRIVE, HOUSTON, TX 77077 281.556.9200 | BUCKNERPARKWAYPLACE.ORG



KARAOKE & CAKE WAS A PRETTY GREAT COMBINATION

SEPTEMBER BIRTHDAYS

Janine Levitch	9/3		Patricia Breiner	9/11
Charles Frey	9/5		James Brooks	9/11
Toshi Hayre	9/5		Judy Higgins	9/14
Therese Brandl	9/5		Ed Januhowski	9/18
Karen Brooks	9/7		Charmaine Simmons	9/21
Mary Anne Womack	9/10		Helen Eubanks	9/27

ASSOCIATE OF THE MONTH - FELICIA GERMANY

Felicia Germany is a dedicated and hardworking associate who truly inspires happiness to everyone around her. She is outstanding in her role, always has a positive attitude and a true team player. She is dedicated to help out whenever its needed. Felicia goes above and beyond to inspire happiness among our residents, staff, and family members. We are grateful to have her as part of our team!



LONE STAR FLIGHT MUSEUM - JUST PLANE FUN



CHEF TYLER SHARING HIS CULINARY EXPERTISE



OUR 90'S CLUB OFFICIALLY STARTED AND IT WAS A WONDERFUL SUCCESS!



CELEBRATING OUR AUGUST BIRTHDAYS

Independent Living Wellness Calendar



SUN	MON	TUE	WED	THU	FRI	SAT
		1 9:30A Advanced Strength 10:00A Intermediate Strength 10:30A Beginner Strength 11:00A Aqua Strength 1:30P Women's Strength Circuit 2:00P Resident Assessments	2 9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 11:00A Chair Volleyball (AU) 1:30P Beg. Stretch & Balance	3 9:30A Adv. Functional Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Functional Strength 11:00A Aqua Cardio 1:30P Machine Circuit	4 9:30A Advanced Cardio 10:00A Intermediate Plus Cardio 10:30A Chair Aerobics 11:00A Trivia (Wii Room) 1:00P Men's Circuit Training 2:00P Cornhole (CC)	5 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3
6 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3	7 9:30A Adv. Core & Balance 10:00A Int. Plus Core & Balance 10:30A Intermediate Core & Balance 1:00P Functional Strength Training	8 9:30A Advanced Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Strength 11:00A Aqua Strength 1:30P Women's Strength Circuit 2:00P Resident Assessments	9  9:30A Adv. Stretch & Balance 10:00A Int. Stretch & Balance 11:00A Chair Volleyball (AU) 2:00P Work It Wednesday - NFL Touchdown Toss (AU) 1:30P Beg. Stretch & Balance	10 9:30A Adv. Functional Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Functional Strength 11:00A Aqua Cardio 1:30P Machine Circuit	11  9/11 Walk of Remembrance and Prayer 9:30AM (ML) 11:00A Trivia (Wii Room) 1:00P Men's Circuit Training 2:00P Cornhole (CC)	12 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3
13 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3	14 9:30A Adv. Core & Balance 10:00A Int. Plus Core & Balance 10:30A Intermediate Core & Balance 1:00P Functional Strength Training	15 9:30A Advanced Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Strength 11:00A Aqua Strength 1:30P Women's Strength Circuit 2:00P Resident Assessments	16 9:30A Adv. Stretch & Balance 10:00A Intermediate Plus Stretch & Balance 11:00A Chair Volleyball (AU) 1:30P Beg. Stretch & Balance	17 9:30A Adv. Functional Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Functional Strength 11:00A Aqua Cardio 1:30P Machine Circuit	18 9:30A Advanced Cardio 10:00A Intermediate Plus Cardio 10:30A Chair Aerobics 11:00A Trivia (Wii Room) 1:00P Men's Circuit Training 2:00P Cornhole (CC)	19 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3
20 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3	21 9:30A Adv. Core & Balance 10:00A Int. Plus Core & Balance 10:30A Intermediate Core & Balance 1:00P Functional Strength Training	22 9:30A Advanced Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Strength 11:00A Aqua Strength 1:30P Women's Strength Circuit 2:00P Resident Assessments	23 9:30A Adv. Stretch & Balance 10:00A Exercise w/Therapy 11:00A Chair Volleyball (AU) 1:30P Beg. Stretch & Balance	24 9:30A Adv. Functional Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Functional Strength 11:00A Aqua Cardio 1:30P Machine Circuit	25 9:30A Advanced Cardio 10:00A Intermediate Plus Cardio 10:30A Chair Aerobics 11:00A Trivia (Wii Room) 1:00P Men's Circuit Training 2:00P Cornhole (CC)	26 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3
27 GET ACTIVE Get up and active! Perform a 15-30 min walk outside and soak up some much-needed Vitamin D3	28 9:30A Adv. Core & Balance 10:00A Int. Core & Balance 10:30 A Beg. Core & Balance 1:00P Functional Strength Training	29 9:30A Advanced Strength 10:00A Intermediate Plus Strength 10:30A Intermediate Strength 11:00A Aqua Strength 1:30P Women's Strength Circuit 3:30P Wellness Talk w/Malcolm (AU)	30 9:30A Adv. Stretch & Balance 10:00A Intermediate Plus Stretch & Balance 11:00A Chair Volleyball (AU) 1:30P Beg. Stretch & Balance 2:00P Work It Wednesday (AU)		For 1-on-1 Consultations, Tailored Exercise Plans, or Machine Tutorials please reach out to our Wellness Coordinator <i>Malcolm Scott</i> at 346-269-7130	ALL WELLNESS CLASSES ARE HELD IN THE WELLNESS CENTER UNLESS SPECIFIED





SEPTEMBER



SUN	MON	TUE	WED	THU	FRI	SAT
		1 10:00A Grocery Trip (ML) 11:00A Men's Group (GR) 3:00P Book Talk w/ Kathryn Lane (AU) 6:15P Bingo (AC)	2 10:30A Crochet & Knitting (AC) 3:00P Learn Spanish (GR) 6:15P Bridge (GR)	3 11:00A Out to Lunch: Greek Church Spaghetti Lunch 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo (AC)	4 1:00P Catholic Service (AU) 3:00P Creative Art Painting Workshop (AC) 6:15P Trivia Night (AC)  	5 9:00A Putting Club (PG) 9:30A Coffee w/Neighbors (CC) 6:15P Bingo (AC) 
6  11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (Taylor Sandlin) (AU/Ch2) 4:30P Coffee and Chatter (CC)	7 Labor Day 10:00A Art Group (AC) 1:30P Bible School (GR) 3:00P Bingo Store (AC) 5P & 6P Mexican Train (GR)	8 10:00A Grocery Trip (ML) 11:00A Men's Group - Men's Health Talk Speaker (GR) 3:00P Bingo Store (AC) 6:15P Bingo (AC)	9 NFL Kickoff 10:30A Crochet & Knitting (AC) 11:30A Faithful Paws Visit (ML) 2:00P Work It Wednesday - NFL Touchdown Toss (AU) 3:00P Learn Spanish (GR) 6:15P Bridge (GR) 	10 11:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P NFL Social Hour - Team Jerseys or Colors (CC) 6:15P Bingo (AC)	11  9/11 Walk of Remembrance and Prayer - 9:30AM (ML) 1:30P Bible Study w/Chaplain John Bender (AU) 2:30P CVS/Walgreens (\$) 6:00P Rummikub (GR)	12 9:00A Putting Club (PG) 9:30A Coffee w/Neighbors (CC) 6:15P Bingo (AC)
13 Grandparents Day 11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (Randy Hatchet) (AU/Ch2) 4:30P Coffee and Chatter (CC)	14 10:00A Art Group (AC) 1:00P Grandparents Day: Flowers & Treats (AC) 1:30P Bible School (GR) 3:00P Therapy Talk w/Broad River (AU) 5P & 6P Mexican Train (GR)	15 10:00A Grocery Trip (ML) 11:00A Men's Group 2:00P Sing-A-Long w/Tim Holder (AU) 3:00P Fire Drill (All IL Buildings) 6:15P Bingo (AC) Meal of the Month	16 10:30A Crochet & Knitting (AC) 1:30P 90s Club (CR) 3:00P Chef Chat (AU) 5:00P Catholic Women's Dinner (DR) 6:15P Bridge (GR)	17 11:00A Episcopal Service (AU) 11:15A Prayer Group (GR) 2:00P Rummikub (GR) 4:00P Social Hour (CC) 6:15P Bingo (AC) Pest Control - Building A	18  10:00A Jay's Bazar (GR) 11:30A Book Club (L) 1:30P Bible Study w/Chaplain John Bender (AU) 3:00P Movie Matinee (AU) 6:00P Rummikub (GR) 6:15P Trivia Night (AC)	19 9:00A Putting Club (PG) 9:30A Coffee w/Neighbors (CC) 3:30P Music of Harmony (AU) 6:15P Bingo (AC)
20  11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (Duane Brooks) (AU/Ch2) 4:30P Coffee and Chatter (CC)	21  HAPPY BIRTHDAY  CRUISE WEEK 10:00A Art Group (AC) 1:30P Bible School (GR) 3:00P Birthday Social - All Aboard Birthday Bash (AU) 5P & 6P Mexican Train (GR)	22  CRUISE WEEK 10:00A Grocery Trip (ML) 11:00A Men's Group - Out to Lunch: Ninfa's (ML) 11:00A Lei-Making (GR) 3:30P Hawaiian Dancers (DR) 6:15P BINGO (AC)	23 Autumn Begins  CRUISE WEEK 10:30A Crochet & Knitting (AC) 11:30A Faithful Paws Visit (ML) 12:00P Island Grooves Steel Drum Player (ML) 2:00P Tropical Island Sips (CR) 3:00P Bunco w/Amy (GR) 6:15P Bridge (GR)	24 Nautical Attire  CRUISE WEEK 11:00A Writer's Workshop (AC) 11:15A Prayer Group (GR) 1:30P Alaska Fishing Derby (CC) 2:00P Rummikub (GR) 3:00P Town Hall (AU) 4:00P Sail Aboard Social Hour - Alaska: Cool as Ice (CC) 6:15P Bingo (AC)	25  CRUISE WEEK 11:00A Morning at Sea Movie Matinee (AU) 1:30P Bible Study w/Chaplain John Bender (AU) 2:30P CVS/Walgreens (\$) 3:00P Toshi's Magical 90th Birthday Party (CR) 6:00P Rummikub (GR)	26 9:00A Putting Club (PG) 10:30A Tech Assistance (GR) 9:30A Coffee w/Neighbors (CC) 6:15P Bingo (AC)
27  11:00A Episcopal Service (B Building 2nd Floor) 12:00P-2:00P Sunday Brunch 3:30P Vespers (Todd Still) (AU/Ch2) 4:30P Coffee and Chatter (CC)	28 10:00A Art Group (AC) 10:30A Vessels of Joy (GR) 1:30P Bible School (GR) 3:00P Game Show w/Chaplain John Bender (AU) 5P & 6P Mexican Train (GR)	29 10:00A Grocery Trip - Aldi (ML) 11:00A Men's Group (GR) 2:00P Bingo with HHR (AC) 3:30P Wellness Talk w/Malcolm (AU) 6:15P BINGO (AC) 	30 10:30A Crochet & Knitting (AC) 10:30A County Bus Outing: The Menil Collection & Lunch (ML) 2:00P Work It Wednesday (AU) 3:00P Learn Spanish (GR) 6:15P Bridge (GR)	**Events highlighted in BLUE require sign-up in the message center.		Cancellations as well as changes are often unavoidable. We appreciate your cooperation and understanding. Don't see anything you love? Please let us know so we may add to our calendar.
MAP LEGEND AC—Arts & Crafts Room AU—Auditorium/Chapel CC—Cabana Café CR — Cabana Room G — Garden GR— Game Room ML— Main Lobby PG — Putting Green WR — Wii Room DP - Dog Park						